

# Get to know your plan benefits.

Good stuff!

And good to keep handy.

## Meet your health plan, Doctors Plan.

A collaboration between Canopy Health and UnitedHealthcare, Doctors Plan is built for savings, simplicity and access. It's a health plan that sets its sights on building a strong connection between you and your primary care physician (PCP) — so you've got a doctor in your corner guiding you to the care you need.

To enroll, you must live in Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara, Santa Cruz, partial Solano or Sonoma County.<sup>1</sup>



Choosing Doctors Plan means you get access to hospitals and medical centers, including Dignity Health Medical Network, Hill Physician's Medical Group, John Muir Health Physician Network, Meritage Medical Network and Santa Clara County IPA (SCCIPA).

[myuhc.com](https://myuhc.com)<sup>®</sup>

### Your hub for health info.

With [myuhc.com](https://myuhc.com), you can search for a doctor, find and compare prices for the care you need, view claim details, refill your prescriptions, manage your financial accounts and so much more.

Register today at [myuhc.com](https://myuhc.com).



UnitedHealthcare<sup>®</sup> app

### Get on-the-go-access.

Manage your benefits anytime, anywhere, with the [UnitedHealthcare app](#). Plus, you can log in with Touch ID<sup>®</sup>, and even video chat with a doctor 24/7.



Download on the App Store<sup>®</sup> or get it on Google Play<sup>®</sup>.

 Want to learn more? [welcometouhc.com/dpnocal](https://welcometouhc.com/dpnocal)





#### UnitedHealthcare Resources

## Support with a personal touch.

Connect with an advocate who can help you understand your benefits and claims, make more informed decisions about your health and more.

**Call the number on your health plan ID card, Monday–Friday during business hours.**



#### Virtual Visits

## See a doctor whenever, wherever.

You and your covered family members can video chat with a doctor 24/7.

**Get started today at [uhc.com/virtualvisits](https://www.uhc.com/virtualvisits).**



**Call: 1-800-349-0574 (TTY 711)**

**Visit: [welcometouhc.com/dpnocal](https://www.welcometouhc.com/dpnocal)**

\*As of 5/20. Full and partial counties are mentioned and/or illustrated in this document. Full counties for this plan are Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara and Santa Cruz. Partial counties for this plan are Solano and Sonoma. For specific details, go to [myuhc.com](https://myuhc.com) or ask your plan administrator or UnitedHealthcare representative.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the website or mobile application terms of use under the Find Care & Costs section.

The UnitedHealthcare app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Touch ID is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Advocate4Me services should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through Advocate services is for informational purposes only and provided as part of your health plan. Wellness nurses, coaches and other representatives cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Advocate services are not an insurance program and may be discontinued at any time.

Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. UnitedHealthcare also covers other routine services, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by UnitedHealthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).